01. "The modern concept of Health is not restricted to the wellbeing of the body. It is related to various Psychological factors as well." Examine this statement from the viewpoint of Health Psychology.

02. Review the historical development of Health services, especially in western societies.

03. Examine the development of WHO’s definition of Health.

04. Briefly describe the structure and the function of any two body systems and present major illnesses related to them.
05. ‘The increment of non-epidemic illnesses has become a significant characteristic of modern health.’ Clarify the psycho-social reasons for that tendency.

06. Clarify the concept of stress; and review the most common stressors in modern society.

07. Investigate the bio-chemical changes that take place in the body due to stress.

08. Examine how childhood experiences and child rearing patterns affect mental disorders that take place later on.

09. Give in details the Psychological factors that promote a person’s psycho immunity.

10. ‘Death is also an important concept in Health Psychology: while elucidating various Psychological principles related to death, examine the relationship between death and health.

Assignment Topic

Psychology of non-epidemic illnesses.